

**NEWS RELEASE  
FOR IMMEDIATE RELEASE  
March 14, 2024**

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Registration for the *Sisters of St. Joseph of Carondelet Linger Over Breakfast* series on *Saturday, April 20, Healing the Universe One Plant at a Time...our next steps* is now open! Our 2024 series theme is *Care for our Common Home*.

**Saturday, April 20, 2024, 9 a.m. – 11 a.m. (doors open at 8:30 a.m.)**  
***Linger Over Breakfast: Healing the Universe One Plant at a Time...our next steps.***  
**With [Amy Hereford, CSJ](#)**

Want to enjoy beautiful butterflies, delicious vegetables, fabulous flowers all in your backyard...and help enhance sustainability in our lives as well? Join us as Amy Hereford, CSJ shares earth saving tips from gardening, composting, and seed-saving, to home-energy-audits, and bee keeping. Through our shared care for our common home, we can enhance all of our lives—one plant at a time. Friends from area gardening collectives will also be on hand to help with your next steps in growing green.

At [St. Teresa's Academy](#), 5600 Main Street, \$20, breakfast included. **Register online by April 15 at [Linger Over Breakfast](#).**

*Welcome to our gardening groups joining us at LOB. Stay tuned for more green friends joining on at Linger Over Breakfast on April 20!*

[St. Teresa's Academy Green Team](#)  
[After the Harvest \(KC,MO\)](#)  
[Compost Collective KC](#)  
[Gardeners Connect](#)  
[Jerusalem Farm](#)  
[KC Community Gardens](#)

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[Sisters of St. Joseph of Carondelet](#)

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St. Teresa's Academy



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